

Weight Watchers Dinner Menu

All Sandwiches come with Fruit at 0 Points!

Fresh Corn Tortilla Chips & House Made Salsa

2 Points - \$3

Grilled Veggie Burgers – Whole Wheat Bun, Lettuce, Tomatoes, Red Onions & Fat Free American Cheese

10 Points - \$9

Grilled Grouper Sandwich – Seared Grouper Filet, Whole Wheat Bread, Green Tomato Chow Chow, Low Fat Citrus Mayonnaise & Lettuce -

11 Points - \$10

Grilled Turkey Burger – 99% Fat Free Turkey, Spinach & Feta

9 Points - \$9

Soft Tacos Your Way – Grilled or Blackened Chicken or Grouper on Flour Tortilla Fat Free American, Black Beans, Corn, Lettuce, Salsa

10 Pts Chix / 8 Pts Fish - \$12

Summer Veggie Wrap – Spinach, Tomato, Carrots, Cukes, Asparagus, Mushrooms, Yellow Squash, Zucchini, Avocado & BBQ Onions -

6 Points - \$10

Asian Chicken Salad – Mixed Greens, Grilled Chicken, Black & White Sesame Seeds, Cucumbers, Mandarin Oranges, Toasted Sesame Vinaigrette

8 Points - \$11

Autumn Harvest Salad – Mixed Greens, Blackened Salmon, Dried Cranberries, Apricots, Tomatoes, Cucumbers, & Balsamic Vinaigrette –

10 Points - \$13

Mediterranean Grilled Chicken Spinach Salad – Sun Dried Tomatoes, Portabellas, Cucumbers, Tomatoes, Grilled Chicken & Balsamic Vinaigrette –

8 Points - \$12

Jumbo Lump Crab Cake Salad – Asparagus, Strawberries, Mandarin Oranges, Mixed Greens & Honey Orange Vinaigrette –

8 Points - \$14

Citrus Cornmeal Crusted Grouper - Pan Seared with Steamed Vegetable Medley of Squash, Zucchini, Red Onions & Bell Peppers -

6 Points - \$17

Grilled Bistro Filets – Balsamic Grilled Vegetables, Portabella Mushrooms

Bermuda Onions & Steamed Asparagus

18 Points - \$22